

Title

The radiopacity and antimicrobial properties of different radiopaque double antibiotic pastes used in regenerative endodontics

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Abstract

Introduction: We evaluated the radiopacity and the antibacterial properties of various concentrations of double antibiotic paste (DAP) containing barium sulfate (BaSO_4) or zirconium oxide (ZrO_2) radiopaque agents for both direct and residual antibacterial effects. **Methods:** The radiopacity of 1, 10 and 25 mg/mL of DAP containing 30% (w/v) of BaSO_4 or ZrO_2 , DAP-free radiopaque pastes and commercially available radiopaque calcium hydroxide (Ca(OH)_2) were evaluated according to ISO 6876/2001 with slight modifications (n=6 per group). In order to test for direct antibacterial effects dentin samples (n=70) infected anaerobically for 3 weeks with bacterial biofilms obtained from root canals of an immature tooth with pulpal necrosis were treated with similar experimental pastes or received no treatment (n=7). After one week, the pastes were rinsed-off and biofilm disruption assays were conducted. In order to demonstrate residual effects sterile dentin samples (n=70) were pretreated for 1 week with the same pastes (n=7). The pastes were rinsed off, samples were immersed in PBS for 24 hours and infected anaerobically with the same bacterial biofilm mentioned earlier for 3 weeks before conducting biofilm disruption assays. Sterile dentin blocks were used in both antibacterial analyses as negative control groups (n=14). Wilcoxon Rank Sum tests were used for statistical analyses. **Results:** No tested concentrations of BaSO_4 -DAP and ZrO_2 -DAP demonstrated significant differences from Ca(OH)_2 in radiopacity. However, all tested concentrations of BaSO_4 -DAP and ZrO_2 -DAP as well as Ca(OH)_2 exhibited significant direct antibacterial effects. ZrO_2 -DAP at 1 mg/mL and Ca(OH)_2 did not demonstrate significant residual antibacterial effects. **Conclusions:** BaSO_4 -DAP at 1 mg/mL provided significantly superior residual antibacterial effects and comparable radiopacity to the commercially available Ca(OH)_2 .

Keywords: Biofilms, Endodontic regeneration, Double antibiotic paste, Barium sulfate, Immature tooth, Zirconium oxide.

Introduction

The introduction of endodontic regeneration procedures has rejuvenated the use of various antibiotic mixtures as intracanal medicaments. Recent in vitro studies have found that intracanal antibiotic medicaments such as triple (TAP) or double (DAP) antibiotic paste may offer superior root canal disinfection in comparison to traditional calcium hydroxide (Ca(OH)_2) intracanal medicament (1, 2). However, unlike Ca(OH)_2 , clinically used concentrations (500-1000 mg/mL) of these antibiotic mixtures were found to exert cytotoxic effects on stem cells from apical papillae (3, 4), dental pulp stem cells (5), and dental pulp fibroblast (6). Therefore, evidence-based recommendations suggested the use of Ca(OH)_2 or low concentrations on DAP or TAP ranging between 0.1-1 mg/mL in an attempt to provide an efficient antimicrobial medicament without jeopardizing the fate of pluripotent stem cells within the root canal system (7).

The inability of these antibiotic medicaments to be visualized radiographically may offer a challenging aspect to clinicians in term of insuring the satisfactory application of the medicaments. Indeed, the use of radiopaque intracanal medicaments can be of particular importance during endodontic regeneration due to the presence of large blunder buss apices of immature teeth with necrotic pulps. Therefore, over or under application of non-radiopaque antibiotic medicaments can easily go unnoticed, which may lead to suboptimal root canal disinfection during regenerative endodontics. Radiopaque components are usually added to endodontic materials (cements, pastes, sealers, and obturating materials) to provide radiopacity that can help in determining the exact location of the root canal material in the root canal system

as well as improving the ability of the material to localize anatomical structures within the root canal system. The radiocontrast agents commonly used in endodontic materials are insoluble salts of heavy metals such as barium, zirconium and bismuth. The aim of this study was to introduce two types of radiopaque DAP and investigate the direct and residual antibacterial effects of these radiopaque antibiotic medicaments.

Materials and methods

Preparation of radiopaque DAP

Two radiopaque materials, namely barium sulfate (BaSO_4) and zirconium oxide (ZrO_2) were selected for this study. Various concentrations of DAP containing the two radiopaque agents were prepared as described in previous studies (8, 9) with a modification to incorporate the radiopaque materials. In summary, 10, 100, and 250 mg of equal portions of metronidazole and ciprofloxacin (Champs Pharmacy, San Antonio, TX) were independently dissolved in 10 mL of sterile water to form 1, 10 and 25 mg/mL of DAP solutions, respectively. Then, 3 g of barium sulfate (Reagent Plus, Sigma-Aldrich, St. Louis, MO) or zirconium oxide (5 μm powder; Sigma) was gradually incorporated into each DAP solution with vigorous stirring to form a 30% radiopaque DAP slurry composed of 30% (w/v) of each radiopaque material. Thereafter, 0.7 g of methylcellulose powder (Methocel 60 HG, Sigma-Aldrich, St. Louis, MO) was gradually dissolved into each DAP slurry at room temperature to create a pasty consistency of DAP. Finally, each radiopaque DAP was centrifuged for 15 minutes at 7000 rpm to form a bubble-free homogenous injectable paste with 1, 10 and 25 mg/mL of DAP (BaSO_4 -DAP or ZrO_2 -DAP). Furthermore, DAP-free radiopaque placebo pastes were also prepared as described earlier. The percentage of radiopaque agents (30% w/v) was selected based on pilot studies that examined

20-40% of both radiopaque agents in 5% increments compared to a commercially available radiopaque $\text{Ca}(\text{OH})_2$ intracanal medicament (UltraCal XS, Ultradent, South Jordan, UT).

Assessment of radiopacity

The radiopacity of various concentrations of $\text{BrSO}_4\text{-DAP}$ (1, 10, 25 mg/mL), $\text{ZrO}_2\text{-DAP}$ (1, 10, 25 mg/mL), the two DAP-free placebo pastes, and the commercially available radiopaque calcium hydroxide medicament (UltraCal) were evaluated according to ISO 6876:2012 (10) with slight modifications. Briefly, disk-shaped plastic molds (internal diameter of 1 and 10 mm in thickness) were positioned on occlusal radiograph films (Insight-Kodak Comp, Rochester, NY) and filled with the tested pastes ($n=6$). Radiographs of the pastes along with an aluminum step wedge with variable thickness (from 1 to 5 mm, in 1 mm increments) were taken using a single-phase dental X-ray unit (Heliodent DS, Sirona Dental, Inc., Charlotte, NC) with 65 kV and a distance of 30 cm. The radiographic films were processed using an automatic processor. Finally, the densities of the image of the pastes were compared to that of the different thickness of the aluminum step wedge using a densitometer (X-Rite, model 301, X-Rite, Grand Rapids, MI) and the radiopacity equivalent of each sample was expressed in millimeter of aluminum (mm Al).

Dentin sample preparation

Extracted intact human teeth were used to prepare radicular dentin samples ($4 \times 4 \times 2 \text{ mm}^3$) according to a standardized protocol. Briefly, a low speed diamond saw under constant water irrigation was used to obtain dentin samples with the standardized dimensions. The samples were polished sequentially using abrasive papers (500–2400 grit; Struers, Cleveland, OH) and a Roto Pol 31 polishing unit (Struers). The samples were sequentially irrigated with 1.5% NaOCl, double distilled water and 17% EDTA (4 minutes each) to open dentin tubules and remove the

smear layer (11). All samples were gas sterilized using ethylene oxide and maintained at 100% humidity and 4°C until used.

Collection of bacterial isolate

An institutional review board approval was obtained (IRB # 1510640949) to collect a clinical bacterial isolate from an infected root canal of an immature tooth that was indicated for endodontic regenerative treatment. The selected subject was healthy and had not used antibiotics for 6 months. Both the subject and his parent signed an informed assent and consent before collection of the bacterial isolate. The bacterial isolate was obtained according to a standardized protocol detailed in previous studies (2, 12), anaerobically incubated in brain heart infusion broth supplemented with 5 g/L of yeast extract (BHI-YE) at 37°C for 48 hours, and frozen at –80°C until used.

Direct antibacterial effects of radiopaque DAP

Sterile dentin samples (n=70) were individually inserted into wells of sterile 96-well microtiter plates (FisherBrand, Fischer Scientific) with the pulpal sides oriented outward. The dentin samples were infected with 10 µL of an overnight culture (1×10^5 CFU/mL) of the biofilm bacteria obtained from an immature tooth with pulpal necrosis and 190 µL of fresh BHI-YE added. The infected dentin samples were incubated for 3 weeks anaerobically with weekly replacement of BHI-YE growth media. The weekly replacement of growth media was aimed to maintain the original taxa of the clinical isolates by limiting the nutritional supply as recommended in previous publications (13, 14). Three additional dentin samples were infected with the same biofilm bacteria and viewed under scanning electron microscopy (JEOL 7800F, Peabody, MA).

After three weeks, the infected dentin samples were randomized into 10 experimental groups (n=7) and treated for one week at 37°C with BrSO₄-DAP (1, 10, 25 mg/mL), ZrO₂-DAP (1, 10, 25 mg/mL), BrSO₄-Placebo, ZrO₂-Placebo, Ca(OH)₂ (UltraCal) or sterile water. All infected dentin samples were treated for 1 week at 37°C and 100% humidity. A bacteria-free sterile dentin group (n=7) was also utilized in this experiment as a negative group to exclude the presence of bacterial contamination through the course of the experiment. The dentin samples in the negative control received fresh BHI-YE and was incubated anaerobically with the rest of the samples for 3 weeks with weekly replacement of BHI-YE.

After treatment, each sample was gently irrigated with 3 mL of sterile water for 1 min to rinse off the treatment pastes and each dentin sample was subjected to a biofilm disruption assay as described in earlier studies (15, 16). Briefly, each dentin sample was placed into a sterile test tube containing 2 mL of sterile water. Each sample was sonicated and vortexed (30 s each) to dislodge the biofilms. The obtained biofilms were diluted, spiral plated on blood agar plates, incubated anaerobically for 24 h, and CFUs/mL were counted using an automated colony counter (Synbiosis, Inc, Frederick, MD, USA).

Residual antibacterial effects of radiopaque DAP

Additional sterilized dentin samples (70) were placed in 96-well microtiter plates in order to be pretreated for 1 week with the same ten experimental groups described earlier (n=10). After treatment, the pastes were washed off from the dentin samples using sterile saline followed by a 1 min irrigation with 5 mL of 17% EDTA. Dentin samples were independently immersed in 200 mL of sterile phosphate buffered saline (PBS) and stored at 37°C for 24 h. After immersion, dentin samples were infected with an overnight culture of the biofilm bacteria obtained from the immature tooth with pulpal necrosis discussed earlier (n=7). The bacterial biofilms were grown

anaerobically for 3 weeks as described earlier. Additional non-infected sterile dentin samples (n=7) were used as a negative control throughout this experiment. After the incubation period, all samples were subjected to biofilm disruption assays and CFUs/mL were quantified.

Statistical analyses

Wilcoxon Rank Sum tests were used to compare the radiopacity, and direct and residual antibacterial effects of all experimental groups ($\alpha=0.05$).

Results

Assessment of radiopacity

Both BrSO₄-DAP and ZrO₂-DAP at the three tested concentrations (1, 10, 25 mg/mL) did not demonstrate a significant difference from calcium hydroxide (the commercial control) in radiopacity (Figure 1). However, the ZrO₂-Placebo samples demonstrated significantly higher ($P<0.01$) radiopacity than the BrSO₄-DAP (all concentrations), Ca(OH)₂ and ZrO₂-DAP at 25 mg/mL groups. ZrO₂-DAP at 1, 10 and 25 mg/mL exhibited significantly higher radiopacity than BrSO₄-DAP at 1, 10 and 25 mg/mL, respectively ($P<0.01$).

Assessment of direct antibacterial effects

BrSO₄-DAP and ZrO₂-DAP at the three tested concentrations (1, 10, 25 mg/mL) as well as Ca(OH)₂ demonstrated significant direct antibacterial effects in comparison to placebo pastes and the no treatment control groups ($P<0.001$) (Table 1). Furthermore, BrSO₄-DAP at all tested concentrations and ZrO₂-DAP at 10 and 25 mg/mL demonstrated significantly higher antibacterial effects in comparisons to BrSO₄-DAP at 1 mg/mL ($P<0.01$). No bacterial growth was detected in the negative (sterile) control group. SEM images taken at various magnifications demonstrated thick heterogenic biofilm structures covering most of the pulpal surface of the dentin (Figures 2A and 2B).

Assessment of residual antibacterial effects

BrSO₄-DAP at all tested concentrations as well as ZrO₂-DAP at 10 and 25 mg/mL demonstrated significantly higher residual antibacterial effects in comparison to ZrO₂-DAP at 1 mg/mL, Ca(OH)₂, placebo pastes and the no treatment control groups ($P < 0.01$) (Table 1). However, no significant differences were found between ZrO₂-DAP at 1 mg/mL, Ca(OH)₂, placebo pastes and the no treatment control groups. Additionally, the negative (sterile) control group did not demonstrate any bacterial growth.

Discussion

Commercially available antibiotic intracanal medicaments such as Ledermix and Odontopaste are available. However, these medicaments contain relatively high concentrations of antibiotic and are not radiopaque, which limits their use. Recent studies introduced an injectable controlled low concentration of DAP loaded into a biocompatible hydrogel (2, 15). However, one of the limitations of these injectable medication is their lack of radiopaque properties. Since there is no ISO standard for testing intracanal medicaments, the radiopacity testing protocol used in the current study was adapted from the ISO 6876; 2012 standards designed for dental root canal sealing materials with a slight modification. The tested medicaments in our study were radiographed immediately after their application into the plastic molds rather than waiting for 24 h as recommended by ISO since these medicaments are not expected to set like root canal sealers.

The current study introduced two different types of radiopaque DAP with controlled concentrations using FDA approved radiocontrast agents (BrSO₄ and ZrO₂). BrSO₄ is a commonly used radiopaque material in Ca(OH)₂-based root canal medicaments and zinc oxide-eugenol-based root canal sealers. ZrO₂ is also a commonly used radiopaque agent in commercial

available bioceramic root canal sealers/cements such as Endosquence BC sealers as well as in Biodentine. Furthermore, both radiopaque materials were suggested to be biocompatible (17, 18) with minimum discoloration potential (19, 20). The current study demonstrated that both ZrO₂-DAP and BrSO₄-DAP at all tested concentrations did not significantly differ from Ca(OH)₂ (Ultracal). However, the tested concentrations of ZrO₂-DAP (1, 10 and 25 mg/mL) demonstrated significantly higher radiopacity than the similarly tested concentrations of BrSO₄-DAP. The commercially available radiopaque Ca(OH)₂ was used in this study because it is one of the most commonly used intracanal medicaments in the United States and has been used in multiple endodontic regeneration studies (3, 4, 9).

Our study demonstrated that ZrO₂-DAP and BrSO₄-DAP as low as 1 mg/mL caused significant reduction in bacterial biofilm in comparison to the radiopaque DAP-free placebo pastes. This indicates that the addition of these radiopaque agents at 30% (w/v) did not interfere with the direct antibacterial properties of DAP at the tested concentrations (1-25 mg/mL). This agreed with recent studies which found significant direct antibacterial effects of 1 mg/mL of non-radiopaque DAP against bacterial biofilm obtained from clinical isolates (2) as well as bacterial biofilm of *Enterococcus faecalis* (15). Our study also demonstrated that BrSO₄-DAP at 1 mg/mL exhibited significantly higher direct antibacterial effects than ZrO₂-DAP at 1 mg/mL. It is worth noting that 1 mg/mL of DAP was selected in this study as the minimum tested concentration because it is the currently recommended concentration of intracanal antibiotic medicaments for endodontic regeneration (7).

Our study also found that BrSO₄-DAP at 1 mg/mL exhibited significant residual antibacterial effects. On the other hand, ZrO₂-DAP at 1 mg/mL as well as Ca(OH)₂ did not exhibit any significant residual antibacterial effects. This might suggest that ZrO₂ can interfere

with residual antibacterial effects of the 1 mg/mL DAP. Therefore, higher concentration of DAP may be needed if ZrO_2 is to be used as radiopaque agent as ZrO_2 -DAP at 10 mg/mL demonstrated significant residual antibacterial effects. The collective finding of direct and residual antibacterial experiments conducted in this study indicates that BrSO_4 -DAP exhibited significantly superior antibacterial properties than ZrO_2 -DAP at 1 mg/mL. One of the main advantages of using antibiotic-containing intracanal medicaments over Ca(OH)_2 during regenerative endodontic is the residual ability of these antibiotics to bind to dentin matrix and extend the antimicrobial properties within the root canal system even after their removal (1, 2). Recent in vitro studies, as in this study, have found that Ca(OH)_2 cannot provide any residual antibacterial properties after its removal from radicular dentin (1, 2). These laboratory findings are in support of clinical studies that found bacterial regrowth after removal of a Ca(OH)_2 intracanal medicament (21, 22).

In the current study, a clinical isolate obtained from an immature tooth with necrotic pulp was used to establish the bacterial biofilm in an attempt to create a more resistant in vitro model. Bacterial biofilms from immature teeth were found to be more resistant to antimicrobials compared to bacterial biofilms from mature teeth (2, 23). Collectively, our study indicates that BrSO_4 -DAP at 1 mg/mL offered significantly superior residual antibacterial properties and comparable radiopacity to the commercially available radiopaque Ca(OH)_2 medicament. Additionally, ZrO_2 -DAP at 1 mg/mL demonstrated comparable radiopacity and antibacterial characteristics. Further studies are warranted to determine the biocompatibility of the suggested radiopaque DAP medicaments.

Acknowledgement

The authors deny any conflicts of interest.

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Type of treatment	Direct antibacterial effects Mean log ₁₀ (SE)	Number of positive samples	Residual antibacterial effects Mean log ₁₀ (SE)	Number of positive samples
BrSO ₄ -DAP 25mg/mL	0.00 (0)A	0/7	0.00 (0)A	0/7
BrSO ₄ -DAP 10mg/mL	0.00 (0)A	0/7	0.00 (0)A	0/7
BrSO ₄ -DAP 1mg/mL	0.00 (0)A	0/7	0.00 (0)A	0/7
ZrO ₂ -DAP 25mg/mL	0.00 (0)A	0/7	0.00 (0)A	0/7
ZrO ₂ -DAP 10mg/mL	0.00 (0)A	0/7	0.00 (0)A	0/7
ZrO ₂ -DAP 1mg/mL	1.66 (0.61)B	4/7	5.26 (0.20)B	7/7
Ca(OH) ₂	0.00 (0)A	0/7	5.48 (0.56)B	7/7
BrSO ₄ -Placebo	6.18 (0.06)C	7/7	5.33 (0.27)B	7/7
ZrO ₂ -Placebo	6.17 (0.07)C	7/7	5.30 (0.33)B	7/7
Positive control	6.20 (0.03)C	7/7	5.55 (0.25)B	7/7
Negative control	0.00 (0)A	0/7	0.00 (0)A	0/7

Table 1. The direct and residual antibacterial effects of the different radiopaque antimicrobials against bacterial biofilms from immature teeth with pulpal necrosis represented as the mean (SE) of the log CFU/mL

Different upper-case letters indicate significant differences between the different types of treatment within each experiment.

Figure 1. The radiopacity of different radiopaque antibacterial medicaments represented as the mean (\pm SE) of mm Al.

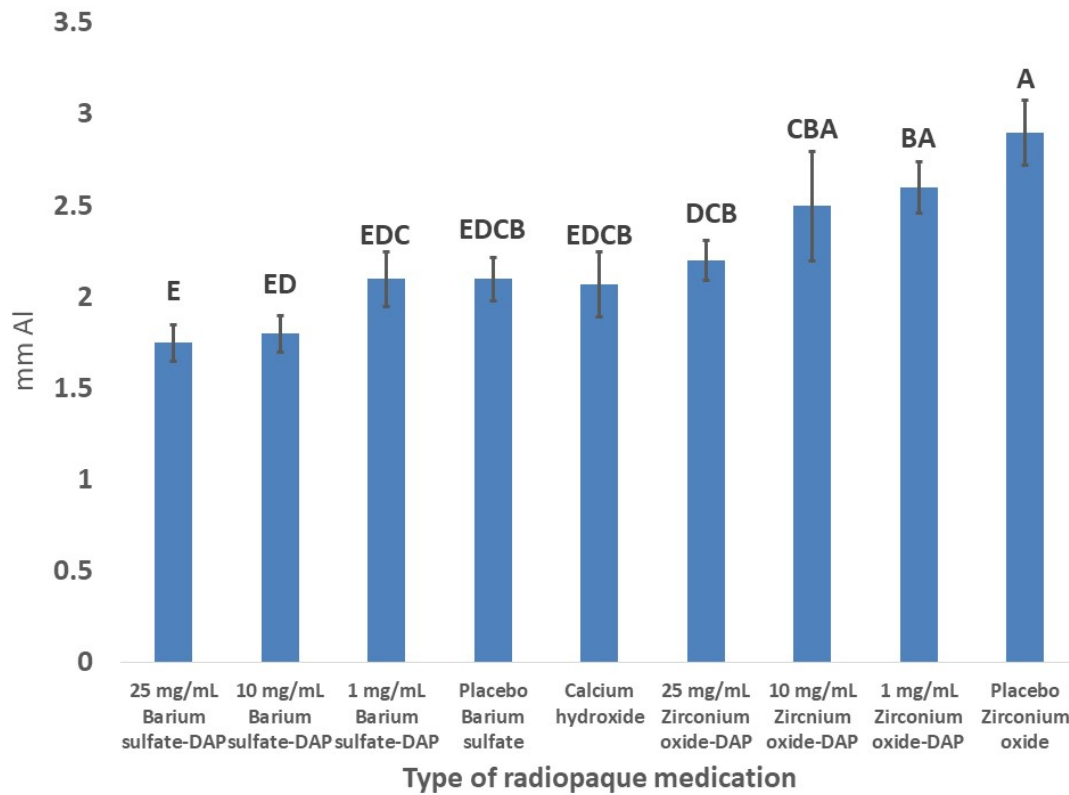


Figure 2. Scanning electron microscopic images under low (A) and high (B) magnifications of established 3-week old bacterial biofilm on dentin formed by bacteria obtained from an infected root canal of an immature tooth with necrotic pulp.

